



SEXUAL ASSAULT CENTRE LONDON

Our World without sexual violence.



Annual Report
2015-2016

Past, Present, Future

Message from the Chair and Interim Executive Director

Sexual Assault Centre London continued on a journey in 2015-16 of creating possibilities for folks for London and Middlesex.

As we continued to create safe spaces for survivors of sexual violence to break their silence, the Boards of Women's Community House and Sexual Assault Centre London continued to explore the possibility of Unification. Guiding the discussion was the ultimate goal of "providing better services for people impacted by woman abuse and sexual violence."

In June 2015, both Board's agreed to move forward with creating a Business Plan and Transition Plan Development and had joint meetings throughout the year to review the progress.

This next steps included many, but at the forefront was developing more details around the programs and services plan and looking more closely at our infrastructure. A Programs & Services subcommittee was created to take a more in depth look at the conceptual model. Using co-creation, the committee was comprised of staff, volunteers and clients that had accessed our services. The recommendations were reviewed by the Board of Directors, staff and volunteers on May 24th, 2016.

On June 22, 2016 at the joint Board of Directors' meeting of Sexual Assault Centre London and Women's Community House both Boards unanimously agreed to become one organization.

A huge thanks is extended to our staff and volunteers. Their commitment and dedication has been unwavering and the exploration has not impeded day to day programs and services of the organization as you will see highlighted in the report. The Centre has continued to provide accessible and supportive services to the community.

We listen. We bear witness. We facilitate healing. We celebrate resiliency and courage; we educate, advocate and agitate to create social change. Sexual Assault Centre London for more than 40 years has worked to

Jennifer Noel
Chair

Jane McGregor
Interim Executive Director

IT'S A YES! Sexual Assault Centre London and Women's Community House to become one organization.

London, ON - On June 22, 2016 at the joint Board of Directors' meeting of Sexual Assault Centre London and Women's Community House, both Boards unanimously agreed to become one organization!



Driven by the idea that better services could be provided for those impacted by woman abuse and sexual violence and after two years of careful study and relationship-building across the two organizations, it was decided to move ahead and become a unified organization.

Over the coming months we will begin the integration process and will be moving toward full unification by October 31, 2016 with the public launch in January 2017.

"We dream of an inclusive world of shared power where everyone lives freely without fear of violence. We believe that together, and with our many partners and those with lived experience, we can make this vision a reality! We are excited about this possibility!"
[Anne Baxter, Chair, Women's Community House]

"We know that we will be stronger together! The time is now for us to strengthen our presence in our community and continue to create communities of safe spaces and advocate for social and political change."
[Jennifer Noel, Chair, Sexual Assault Centre London]

Public Education...

**WE EDUCATE
WE ADVOCATE
WE AGITATE**

**SACL IS HELPING TO
CHANGE LIVES!**

The Public Education and Outreach program works proactively to raise awareness and mobilize individuals to become social change agents. Through training and workshops with high school and university students, professionals and community organizations, we educate about sexual violence, rape culture, healthy relationships, among many other topics.

"Useful [discussion on] what we can do as young lawyers to help victims and how we can improve the system"

Western Law Student

SACL offered 100 public education and outreach events including booths, training and speaks.

We engaged many different folks to help us end violence and build capacity for them to think critically about power and control as tools of oppression.

We created safe spaces to mobilize and empower youth to become leaders, raise their voices, and become active bystanders.



Social Media...



...gained 360 new Twitter followers (we're over 1000 now!)

...created new awareness campaigns
ShowLove; # FliptheScript and
12DaysofConsent

...created our new Instagram account
@SACLondon

Thanks to all our followers!

*Women are declared
'persons' by Canadian
Law*

1929

*Women's rights
declared in Canada's
constitution*

1981

*London's Women's
Resource Centre (LWRC)
Opened*

1973

*Sexual Assault
Crisis Line
Established*

1975

WINE, DINE & SHOWTIME

2011

A Gala Fundraiser

2016

Abracadabra!

2012

Hot Salsa Nights

2013

Nuit du Cirque

2014

Rhythm in the Amazon

2015

Come as you are, Rockstar!

Since its debut in 2011, Wine Dine & Showtime has raised \$285,780. We gratefully acknowledge our sponsors, donors, and volunteers that have helped make our event a success, year after year.



Marital rape now considered a criminal offense

1983

Aboriginal women who marry non-status men can retain their Indian status

1984

Crisis Line becomes member of Ontario Coalition of Rape & Crisis Centres

1985

Crisis line is incorporated and renamed to Sexual Assault Centre London (SACL)

Opening the Circle

TOGETHER WE ARE WISER.

Margaret Wheatley

We have lost the intrinsic value of people helping people. The value of human support cannot be overstated.
-John Swales

The two year Department of Justice project of Opening the Circle (OTC) wrapped up successfully in the spring of 2015 and by the late fall, two more years of funding had been secured from the London Community Foundation as one of the highly coveted Community Vitality Grants (LCF). For several years, LCF has been investing in local projects that have potential 'game-change' qualities.



Counselling...

Through our individual and group counselling programs as well as our 24 hour crisis and support line, survivors of sexual violence are supported on their healing journey. Free, confidential and non-judgmental individual counselling and support.

In 2015-2016, **52** women and girls received counselling services.
6



"I am better at coping with the aftermath of my abuse and I realize that I am not alone."

"I have finally realized what has been holding me back from healing and I have my counsellor to thank. I am gaining confidence in myself once again. I know that I am not to blame for my assault happening."

Abortion is decriminalized in Canada

1986

SACL hires first permanent position.

1988

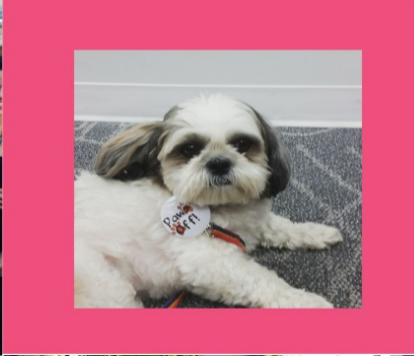
1989

\$27,000 core funding received from Ministry of Solicitor General

1991

SACL operating with core 5 member staff collective

Volunteers...

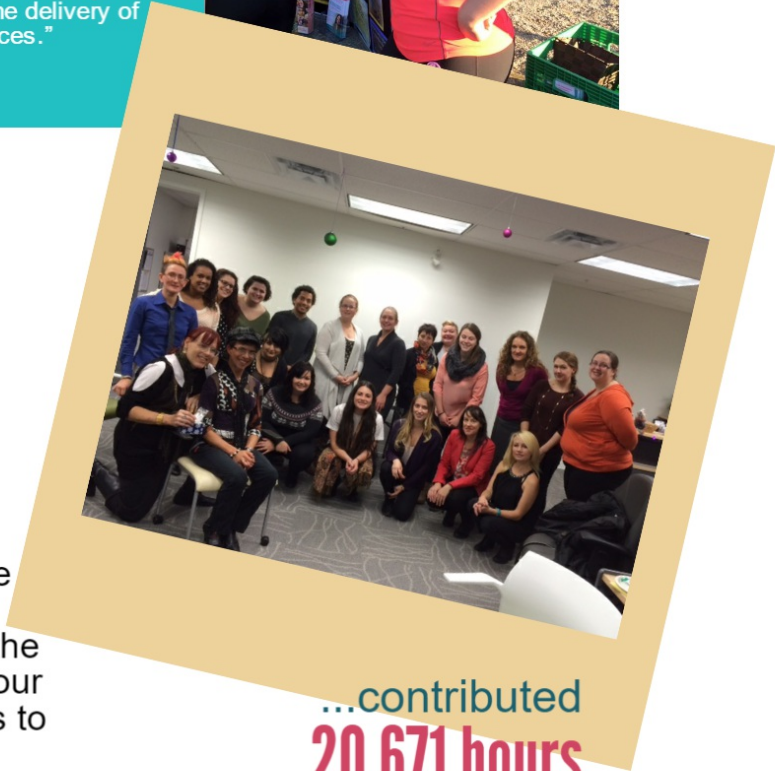


The Centre believes that "trained volunteers form the foundation of our organization and play a vital role in the delivery of services."



...provided support to **850 callers** on the helpline

As a non-profit organization we have always relied a great deal on our volunteers. For more than 40 years, the countless hours of time dedicated by our volunteers has sustained vital services to support those impacted by sexual violence.



...contributed **20,671 hours**

Kim Campbell - 1st Canadian women Prime Minister

Same-sex marriage legalized in Canada

1993

2002

2005

2008

SACL restructured and brought on an Executive Director

SACL strategic plan creates a new vision, mission and values

Girls Creating Change...

"When I first started coming to GCC, I didn't realize how much I just needed to be around other girls and be able to have fun and talk openly and freely. After coming for quite some time I now believe this group really has helped me come out of my shell and be more comfortable both with myself and around others and with making new friends."

The variety of topics discussed and the understanding, caring, non-judgmental and fun atmosphere really makes this group easier to come to, especially on the days where my anxiety is the worst.

Being able to learn about how to empower yourself, and feeling empowered as a woman I think is very important to young women especially.
You can achieve greatness if only you believe it."
-GCC Participant

78 girls



10 groups



All olympic teams have female participants

Canada's 1st gender balanced cabinet.

2012

2014

2015

2016

SACL hosts it's first Annual Fundraising Gala

SACL engages Women's Community House (WCH) in unification

SACL and WCH moves forward with full unification.

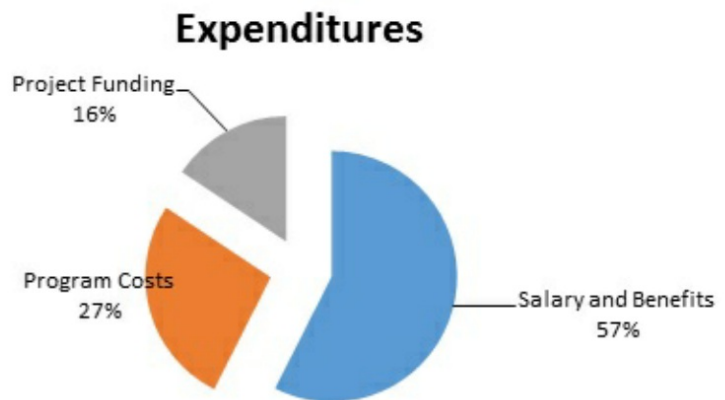
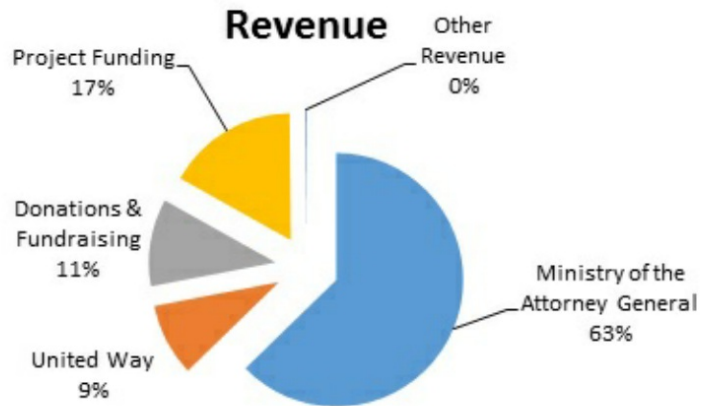
Financial Report...

As part of the 2015 Sexual Violence Action Plan and the commitment to Sexual Assault Centre's across the province, SACL received an increase of annualized funding in the amount of \$29,602.

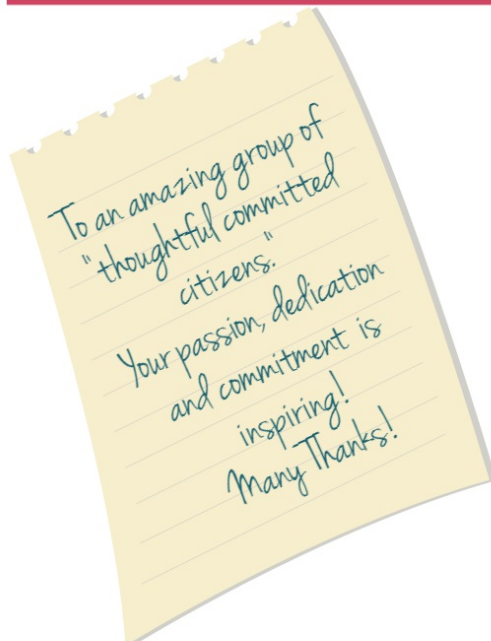
SACL also welcomed the news that the onetime funding received from the 2011 Sexual Violence Action Plan would be annualized as well making the total base funding \$436,452



IT'S NEVER OKAY:
AN ACTION PLAN
TO STOP SEXUAL
VIOLENCE AND
HARASSMENT
MARCH 2015



Board of Directors...



- Chair** Jennifer Noel
- Vice Chair** Kerry McGladdery Dent
- Secretary** Katelyn Andrew
- Treasurer** Jocelyn Lavoie

- Directors** Corina Corradi, Janet Izumi, Nikita Miller, Caroline Therriault, Deanna Theander (London Life Young Leader)