

Building **trust** and changing lives...

476 girls and women received counselling services.

97% who received individual counselling felt the environment was supporting and welcoming.

"Counselling has helped me enjoy life to the best of my ability. If it weren't for these services I would still be in a dark place unable to deal with my emotions from the trauma. Thanks to these services I am in the best place I've ever been in my entire life. I am incredibly thankful to the support I was given. I am now a braver, more confident individual. I now have the strength to want to live and enjoy life."

Volunteers responded to **470** calls on the 24 hour helpline and contributed a total of 17,837 volunteer hours.



85% of the callers who received support from trained volunteers said it made a difference.

Amplifying **impact** in the community

The Public education program conducted and participated in **76** presentations, **19** training, **39** events.

"I never realized that coercion can be sexual violence" ~ 17 yr old Male

"Fierce flava" evolved through a project centered around activism and dance.



May 24th, 2013 marked our 3rd annual **Wine Dine Showtime**. It was a great success thanks to the extraordinary efforts of the fundraising committee and the generous support of our sponsors and donors.

A few highlights:

empowering & mobilizing youth...

89 girls participate in girls creating change

"Since Girls Creating Change I can walk down the street feeling confident about how I feel and how I see myself. This program is important because it provides a girls with a place to connect in a disconnecting world."

Girls Creating Change is our girls' violence prevention group, where we focus on building a girl's sense of self-worth, empowerment and a sense of herself as a change maker.



expanding our circles...

Opening the Circle is a two year project (2013-2015) funded by the Department of Justice, hosted by Sexual Assault Centre London and owned by the community. Survivors of sexual violence and abuse, their family and friends, and community service providers are the project participants on a journey of discovery and innovation. The first public meeting was convened in December 2013.



We create **SAFE SPACES** for survivors of sexual violence **TO BREAK THEIR SILENCE.**

We listen. We bear witness. We **FACILITATE**



Annual Report 2013-14

HEALING. We celebrate **RESILIENCY** and courage. We **EDUCATE,** We advocate, We **AGITATE** to create **SOCIAL CHANGE.**

Message from Co-Chairs and Interim Executive Director

Sexual Assault Centre London's 2013-14 year was one of transition. Louise Pitre, Executive Director announced her resignation in December 2013 to lead Family Service Thames Valley, as their Executive Director. For the better part of 7 years, Louise was an outstanding community leader, a true champion of the agency and an advocate for survivors of sexual violence. She brought stability to the Agency at a time of uncertainty and has fostered a culture of growth, innovation and development.

With the transition in leadership, the Board recognized that with change comes opportunity. This included looking at the possibility of a merger or other strategic alliances. This would enable SACL to increase the impact we have in supporting survivors, assisting them in making their own contributions toward their healing and resiliency, offering a wider circle of supportive services to our clients, and working towards our world without sexual violence.

Guided by Sexual Assault Centre London's mission, vision and values, conversations occurred at the Board level with other community agencies in the violence against women sector. With the completion of an exploratory environmental scan to determine a direction for Sexual Assault Centre London, the Board made the decision to continue with the next steps of aligning Sexual Assault Centre London's services with another organization.

Through the ongoing transition, our many thanks to the staff and volunteers that have continued to provide excellent service, meeting the needs in our community.

In the coming year, the Board looks forward to the exciting journey of creating possibilities of hope for the people we serve and for our community as a whole.

Tobi Siew and Jennifer Noel
Co-Chairs

Jane McGregor
Interim Executive Director

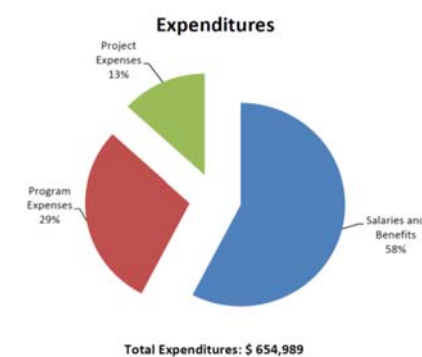
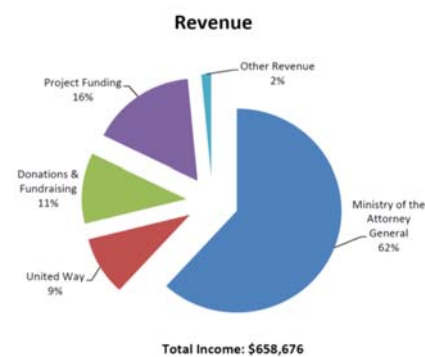
Financial Report

2013 14

Special Project funding received from Department of Justice for "A Collaborative Community Response to Increase Access for Services for Survivors of Sexually Violence in London and Middlesex" including the design and pilot of a peer support program.

United Way of London & Middlesex Funding decreased by four percent.

A complete set of audited statements are available upon request.



2013-2016 Strategic Plan



Pathways to Healing, Resiliency and Action.

